THE LIBRARIES

COLUMBIA UNIVERSITY

HEALTH SCIENCES
LIBRARY

Columbia University School of Nursing
New York, New York 10032
Class of 1980

The bridge . . . .
a symbol of passage
connection
and
transition

While studying in Washington Heights, many of us could not help but be inspired at times by the splendor of the George Washington Bridge. In the midst of harried student days, it represented stability, strength and the continual movement of life.

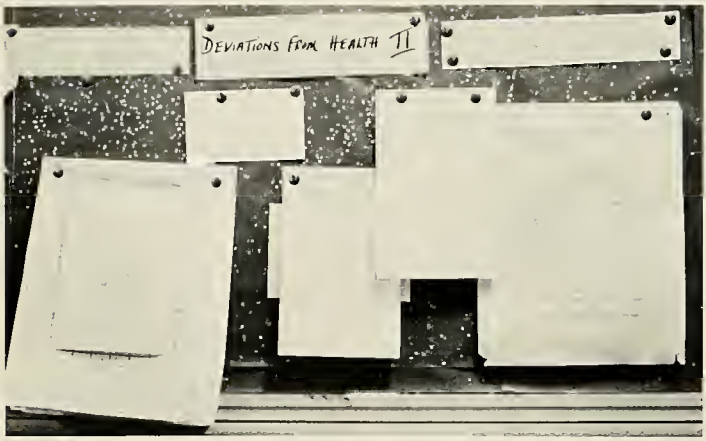
In the same sense, it also suggested our passage through the nursing program, with the growing of a professional identity which has served to heighten and expand our sense of self.

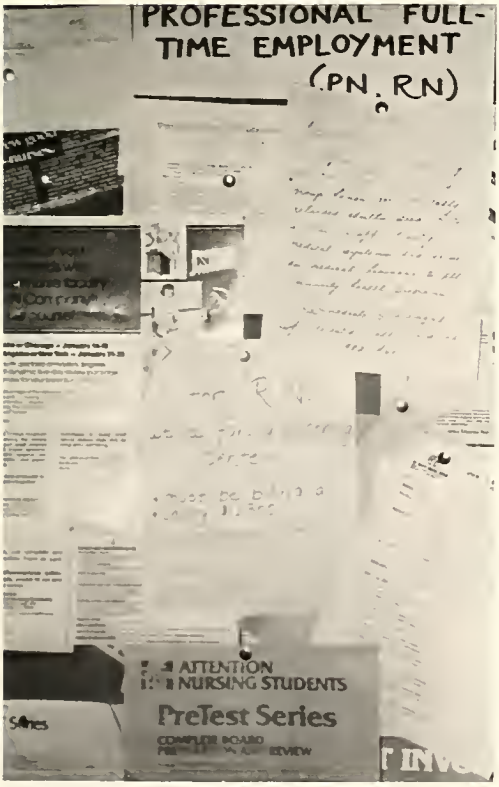
We, the class that bridges the seventies and eighties, find ourselves in a profession which is itself in transition. We face the challenge of integrating the traditional image of nursing with the new model. One of our goals is to more firmly establish nursing as a solid profession.

Lastly, we see nursing's role as a bridge between science and humanity, providing physical and emotional support through knowledge, skill and education.

Just as the image of the bridge has provided us with inspiration, we hope that our profession will inspire us to achieve the goals most important to us.

The transition from academia





to the
working world

from student nurse . . .

to nurse

The bridging of the traditional image

political activism

patient education

with the new ideal

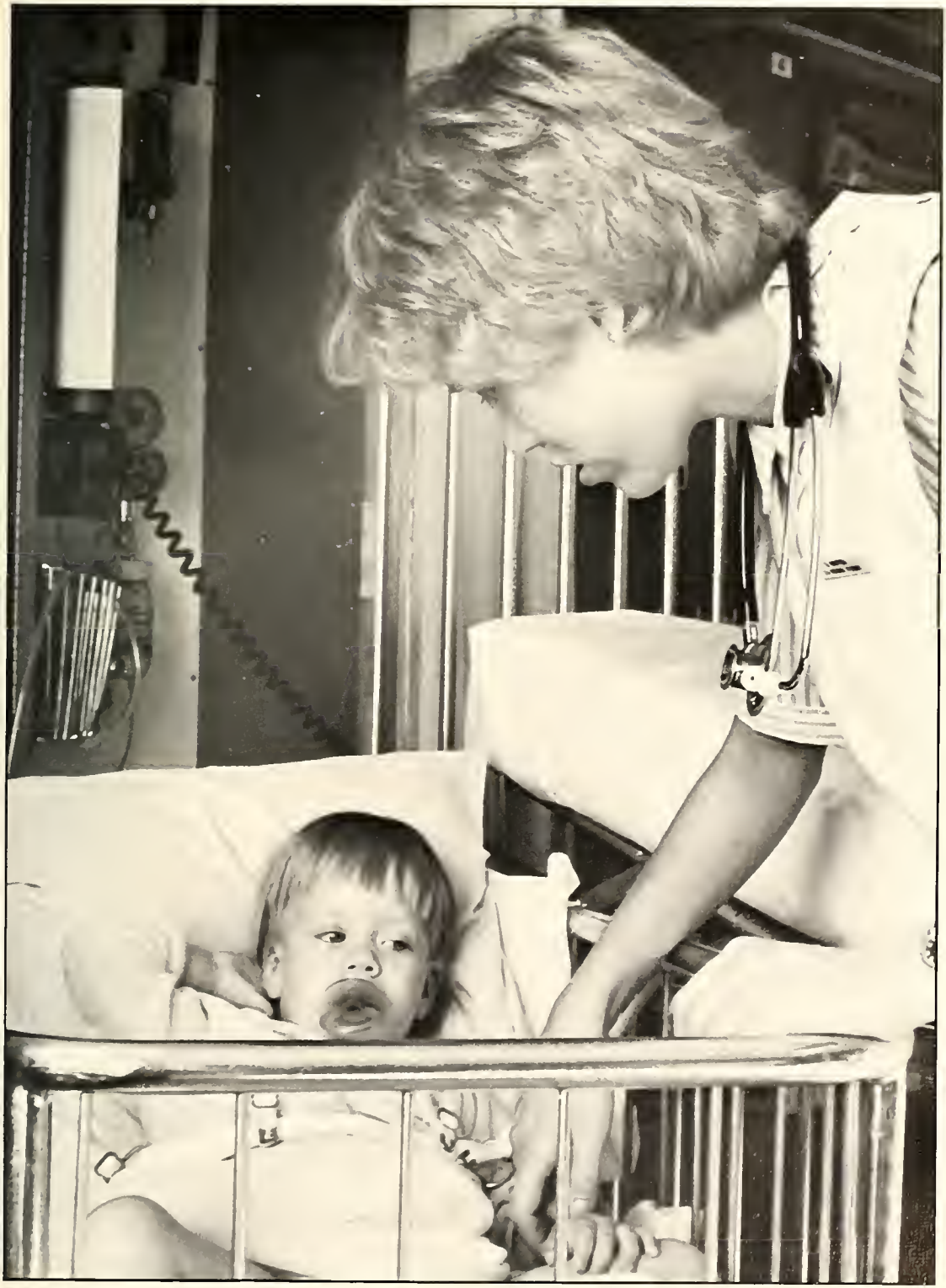
community health promotion

clinical research

accountability

self-evaluation

caring
and
curing



Class of 1980 Profile

Men, mothers, teachers, R.N.'s, musicians, a nun . . . . the Class of 1980 is a group of people with varied interests and backgrounds. An overwhelming majority are college graduates, with baccalaureate and masters degrees in fields as diverse as Tropical Diseases and Renaissance Literature, with all the liberal and classical arts, social and natural sciences in between. Career goals range from Med/Surg staff nurse to "the nursing softwares industry." A majority of our class hopes eventually to pursue graduate study in nursing.

No single area of nursing stands out as the prototype for our class's career choice. Major interests appear to be midwifery, pediatrics and community health.

Few classmates delineated specific "Five-Year Plans." We are vague in projecting to that dateline, but do find that many are planning on working in Med/Surg upon graduation and branching out from that foundation. We do not appear to have many future nursing educators among us, perhaps the memories are too recent.

To generalize we can say that the Class of 1980 is very much a part of the new trend in nursing: combining the best of many areas of nursing to create individualized roles within the profession. We are not the stereo-typical "woman in white" or "Nancy Nurse," rather we are educated professionals eager to draw from our varied backgrounds and resources to contribute to the improvement of the nursing profession.

We join together in one profession . . . nursing.

There is only one child in
the world and the child's
name is All Children.
Carl Sandburg

Feel the dignity of a child.
Do not feel superior to him,
for you are not.
Robert Henri

We
the Class of 1980
wish to dedicate
this yearbook to
The International Year of the Child

All my children are prodigies.
Proverb

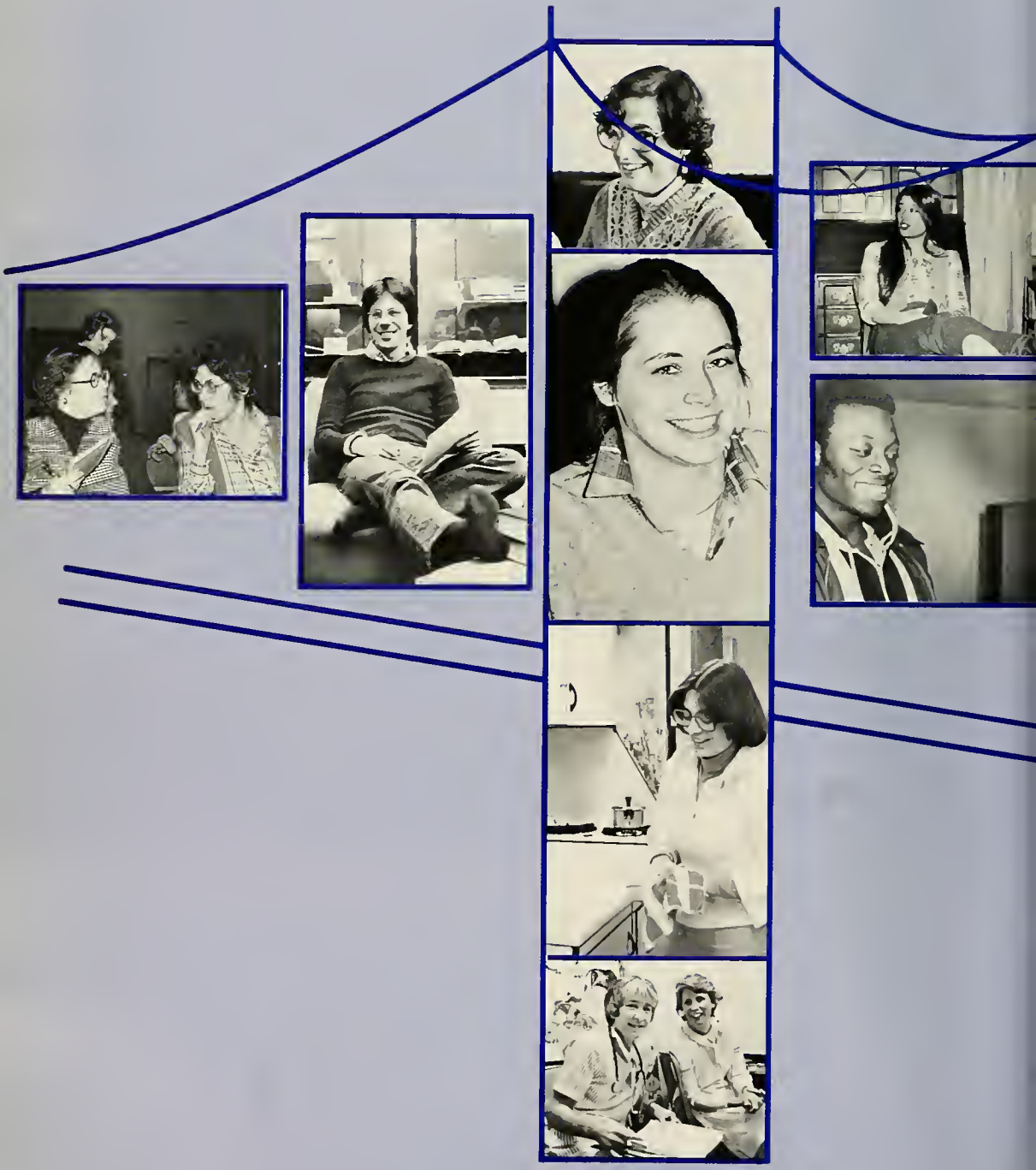
A FOND FAREWELL TO DEAN HELEN F. PETTIT

This May we are both stepping into new roles for the Eighties. Dean Pettit has given us unique insight into the history of nursing, its present status and its potentials for the future. For this challenge we thank her and we wish her the best.

Look to this day!
For it is life,
the very life of life,
For yesterday is but a dream
and tomorrow but a vision;
But today, well-lived, makes
each yesterday a dream of happiness,
and every tomorrow a vision of hope.
from the Sanskrit

Highlights of her Columbia University Career

1941-1943	Instructor in Nursing
1944-1955	Assistant Professor
1955-1972	Director of Nursing Education, The Presbyterian Hospital
1955-1958	Associate Professor
1958-1972	Professor of Nursing Education
1972-1976	Assistant Dean
1976-1980	Associate Dean, Acting Chairman, Department of Nursing



the students

Class of 1980

Marcella Glave Abbott
(with Melinda and Nathaniel)

B.A. 1972 Hunter College

Lisa R. Abell

Transfer University of Maryland

"Be Happy!"

Lorraine S. Afflitto

Donna Lynn Akner

Jeanne Veronica Allen

A.B. 1975 Cornell University

"And I will show you a still more excellent way . . . Make love your aim."

I Cor. 12:31, 14:1

Mary F. Amabile (Mimi)

Transfer University of Colorado

"Thanks, Dad"

Barbara L. Arnsten

B.A. 1978 Rutgers College

Judith Axelrod

"You are not obligated to finish the work, neither are you free to abandon it."

Rabbi Tarfon

Melissa Kay Ayala

B.A. Sociology, 1972 Illinois Wesleyan University

Alawia El Nur Bakheit

Jay H. Beiler

B.A. 1969 Eastern Mennonite College
M.A. 1972 New York University

Karyn S. Bastiansen

Elaine Joy Bentley

A.A. 1978 The King's College

"I will say of the Lord, 'He is my refuge and my fortress, my God, in whom I trust.' "

Psalm 91:2

Vicki Marlene Berger

B.A. Psychology, 1978 SUNY Binghamton

Marcy Benzer

"Illegetami non Carborundum!"

Marilyn A. Brinning

B.S. Biology, 1978 Tufts University

Elaine Burfield
(with Lenora)

Togetherness is the spice of life.

Donna Marlene Buckley

Transfer Nyack College

"As we experience life, truth will grow in us as God is in us."

Ann Kiemel

Eileen Marie Burks

Oodles of thanks to Mom, all of my family and dearest Timmy for all your love and support. I love you.

Kathryn Carbone

Linda A. Circosta

Transfer College of Holy Cross

"We must welcome the future, remembering that it will soon be past; and we must respect the past, remembering that once it was all that was humanly possible."

George Santayana

Libet Carey

". . . and then he realizes that he doesn't love the Earth roses but he does love his rose. And when he thinks about it for awhile he realizes that he doesn't love his rose for its beauty or for its uniqueness, but because he has watered it and cared for it and because it is his."

The Little Prince

Cheryl A. Christman

Fleda Dean

B.A. 1955 Mt. Holyoke

Kitty Duane

Jane Waters Dwyer

1968 Bellevue School of Nursing

Margaret Drewes

"The times we were happy were the times we never tried."

Georgia Epstein

Michele Ann Farah

"You give but little when you give of your possessions. It is when you give of yourself that you truly give."

Kahlil Gibran

Donna L. Ebner

Transfer Houghton College

"O taste and see that the Lord is good; blessed is the man that trusteth in him."

Psalm 34:8

Sharon Denise Fisher

Transfer University of Maryland

Kate Flinker

B.A. 1976, Biology/Anthropology, Middlebury College

Margaret Marie Frank

Tener Osborn Goodwin

Transfer Mount Holyoke College

Maria Granato

Maurene Susan Goldstein

"Thanks Mom and Dad."

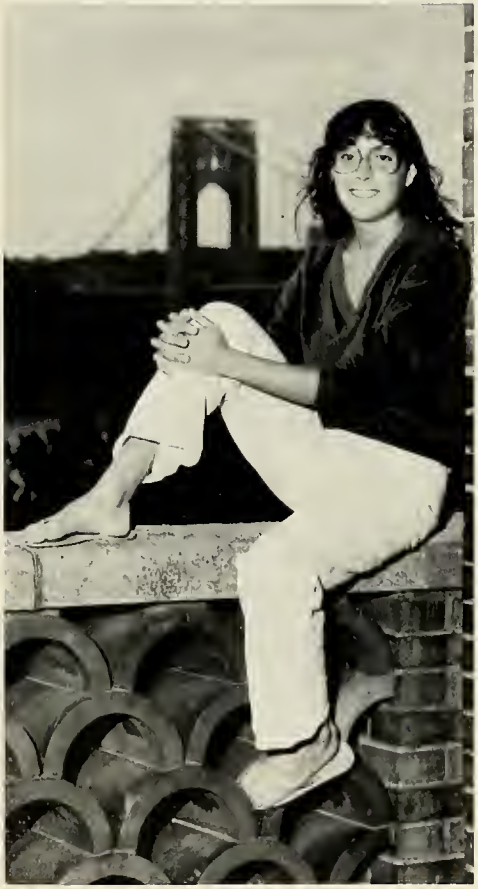
Sharon G. Hanna

B.S. 1977 Muskingum College

"We know the sickness. Now to find the cure." "The cure. May it not be worse than the disease."

"And maddest of all, to see life as it is and not it should be."

D. Wasserman
Man of La Mancha



Diane Heimlich

B.A. 1975 American Studies, University of Michigan (Residential College)

Tacey Thomas Hattal

A.B. 1978 Smith College

Carol O'Connell Heinze

B.A. 1960 College of New Rochelle
M.A. 1961 Columbia University

Henry M. Huey

". . . the universe begins to look more like a great thought than like a great machine . . ."

Sir Jasper Jeans

F. Michele Harvan

B.A. 1977 Middlebury College

Michael E. Impollonia

B.A. 1977 New York University

"If it is true that it is better to give than to receive, what better gift than to give of one's self?"

Deborah Kay Johnson

"You can do whatever you want to do
And wouldn't it be fine
Following your heart
Knowin' from the start
It's up to you."

Steve Weisberg

Judith E. Johnson

Carol S. Jones

B.A. Spanish 1976 Vanderbilt University

Sharon L. Kastner

B.A. 1979 Barnard College

"In a place where no one behaves like a human being, always strive to be human."

Pirkei Avot 2:6

Chrysso Kaizer

Leonora Ann Kellerman

Virginia Killoran

Ann Louise Killburn

There are places I remember
All my life, though some have changed.
Some forever, not for better,
Some have gone, and some remain.

John Lennon and Paul McCartney

Katie Klauder

Catherine Rose La Mattina

i thank you God for most this amazing
day;
for the leaping, greenly spirits of
trees and
a blue true dream of sky;
and for everything
which is natural
which is infinite
which is yes

e.e. cummings

Kathy Kostbade

A.B. 1978 Smith College

Aviva Lee

Transfer University of California at Los Angeles

"I swear it to you, I swear on my common woman's head, the common woman is as common as a loaf of bread, and it will rise!"

Judy Grahn

Donna Marie Lindsay

B.A. 1978 Anna Maria College

"I feel the capacity to care is the thing which gives life its deepest significance."

Pable Casals

Katherine S. Lyman

Amy Elizabeth McCoy

A.B. 1978 Mount Holyoke College

Patricia Kellogg Lynch

Patricia Jean McGuire

Susan Marcella

"Kiss today good-bye."

Anne S. Mueller

B.A. 1978 Duke University

"Hyperactivity is the evolutionary prototype of man."

Martha Rogers

Karen Martin

"The past is ever and the future is not yet — my desires must therefore be in and for the present. Thinking that my desires are for something in the future prevents me from accepting responsibility for them now, and worse, causes me to plan out my tomorrows."

Hugh Prather

Mary R. Murphy

B.A. 1967 Mt. St. Vincent University, M.S.T. 1971 Fordham University

Kim Musslewhite

"And let today embrace the past with remembrance and the future with longing."

Gibran

Janet Elizabeth Newton

B.A. 1970 Douglas College

Gina Novick

B.A. 1975 Wesleyan University

Martha Joy Olson

Transfer Houghton College

"Trust in the Lord with all your heart and lean not on your own understandings. In all your ways acknowledge Him, and He shall direct your paths."

Proverbs 3:5-6

Bach-Tuyet Nguyen Pham

Lynda Ores

Nancy Elizabeth Orem

.A. 1974 Randolph-Macon College

There is no fear in love. But perfect love casts ut fear, because fear has to do with unishment."

I John 4:18

And so we know and rely on the love God has r us. God is love. Whoever lives in love lives God, and God in him."

I John 4:16

Laura Fern Paley

B.A. 1977 Smith College

Michele Susan Paul

Patricia J. Pappadio

Transfer State University of New York at Stony Brook

Jill Cara Perrine

B.A. 1977 New York University

Katherine Ann Petrillo

B.A. 1975 College of Mt. St. Vincent

Rose Toby Pinkus

Columbia University — School of General Studies

Suzanne Picard

Lori H. Postal

1974 Rockland Comm. College

We are all in the process of becoming all that we might be.

Diana Victoria Prevail

B.S. 1975 Georgetown University

Lisa A. Quintero

"I think said Mr. Dooley, 'that if th' Christian Scientists had some science an' th' doctors more Christianity, it wudden't make any difference which ye called in — if ye had a good nurse.' "

Finley Peter Dunne
(Mr. Dooley's Opinions)

Stacey Richards

And in the end — the love you take —
is equal to the love — you make.

Donna Lynn Robinson

B.S. 1978 U.C.L.A.

Thanks to my family and friends.

Julia Ragan

B.A. 1975 Bates College

Laurie Gail Robinson

"I live from one tentative conclusion to the next, thinking each one is final. The only thing I know for sure is that I am confused."

Hugh Prather

Cindy Roehr

B.A. 1978 Connecticut College

If you're wise and if you know
what few things are real which
never grow old, then take them now
and make you a start with
a simple life and a simple heart.

Paul Stookey
from "Paul And"

Ann Marie Roux

B.A. 1978 Hunter College

Elaine M. Ryan

B.A. 1978 Boston College

Anne Marie Ruszkowski

Transfer SUNY at Albany

Thanks for always being there. I couldn't have done it without you.

Mary E. Row

B.A. 1978 Smith College

Daria Sawchak

B.A. 1976 Reed College

Karen Sculley

You cannot fully understand what another person goes through unless you not only take off her shoes but walk around in them. I give all my love to Bobby, Pammy and especially to my Mom and Dad — who have done exactly that and much more over these past eight years.

Thank you

Laura Schneider

1978 Stony Brook University

Diane M. Shenstone

B.A. 1975 University of Connecticut

Bob Stewart

B.S. 1974 University of Notre Dame

"When in doubt, punt."

Knute Rockne

Alicia B. Smilowitz

B.F.A. 1975 C.W. Post College of Long Island University

". . . If a man does not keep pace with his companions, perhaps it is because he hears a different drummer."

— Thoreau

Lori Ann Stier

Jacqueline Torres

"The art of nursing is a tool. Without some tool or medium of expression, your intelligence, your spirit may be wasted and never translated into action or into beauty."

Virginia C. Goldstein
Dean of Barnard College 1936

Thanks Mom and Dad

Maria C. Stober

Commitment is not a word — it's an act.

Ann Vassilaros

A.A.S. 1978 Pace University

Rosalie M. Uht

B.A. 1976 University of Southern California

"Of course the gift to be cherished most of all is that of life itself. One's work should be a salute to life."

Pablo Casals

Christine Tyrrell

Theresa Weinheimer

B.A. 1970 Thomas More College of Fordham University

Joan Neta Weiss

A.A.S. 1978 Queensborough Community College — CUNY

Carol Lynn Weinrod

B.A. 1976 SUNY at Purchase

"Is it better to be the lover or the loved one? Neither if your cholesterol is over 600."

Woody Allen

Judith Zuidema

Transfer Calvin College

"In all your ways acknowledge Him and He will direct your paths."

Proverbs 3:6

CLASS OF 1980
CAMERA-SHY

Kathy Benson
Ken Bertang
Susan Bloch
Barbara Boland, RN
Margaret Borders
Gosia Brykczynska
Mary Connelly
Lester Dixon
Pamela Elliott
Rose Garnier, RN
Sandra Gianvito
Catherine Gilman
Karen Haddad, RN
Susan Hagaman
Karan Hansen
Maura Hatchette
Lisse Henderson
Nancy Johnson, RN
Lore Juergens
Susan Keady
Shari Krieger
Ann Lacoseglio
Saralyn Lefkowitz
Allison Lieghtner
Geraldine Krotec
Janet Mahmarian
Kathleen Manna, RN
Jacqueline McPherson
Debra Myers, RN
Eileen O'Connor
Sandra Parks
Judith Patti
Varner Redmon
Dorothy Anne Kleinert-Riccardi
Elizabeth Ross, RN
Linda Stankiewig
Jan Taft
Dianne Van der Veen, RN
Joyce Vassallo, RN

Class of 1981

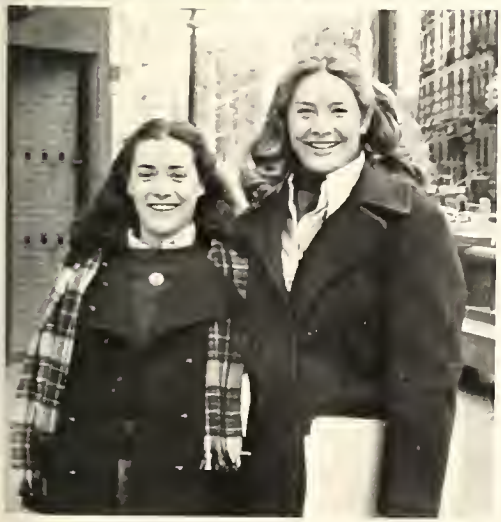
Left to Right; Top Row: Susan Lockhart, Kathleen Dargan, Milinda Newton, Karen McAlevey, Jane Fedus, Linda Detscher, Middle Row: Kei Ellen Matsumoto, Doreen Labartino, Christina Alvarado, Anne Dunne, Rosemary Chapman, Bottom Row: Elizabeth Golden, Sarah Bloy, Barbara Gutierrez

Left to Right; Top Row: Linda Rodgers, Margaret Schwarz, Janet Rush, Laurie Koshan, Beth Jacks, Janice Van Someren, Bottom Row: Patricia Schulte, Elissa Schirmer, Alison S. Brehm

Left to Right, Top Row: Taesook Kim, RN, Mary Jo Morriss, Mary Banfield, Roxanne Rodrigue, Diane Beebe, Jim Ives, Bottom Row: Joy Hendricks, Tania Shiminski, Debra Hanna, Jane Lennon

Left to Right; Top Row: Margie Leight, Cessna Kaye, Bernadette Boland, William Jacobowitz, Middle Row: Lisa Simon, Nancy Gaughran, RN, Jacqueline W. Powell RN, Bottom Row: Jane Margaretten, Sally McBratney, Diana Van Benschoten, Mary Tursone, Adalgiza A. Quezada

Left to Right; Top Row: Martha Spiro, Donna Goldstein, Mariam Dorothy McEwen, Bottom Row: Jane Lennon, Amy Smith, Kathryn Mitchell



INSPIRATION

People incessantly ask, "Why nursing? Why not Pre-med? Where did the inspiration originate? Will the inspiration last?"

Answers sometimes do not arise so readily. We all know why. Inside somewhere is a reason; a strong, domineering reason that helps us push and struggle and love the program, even though we see faults and problems within it. The reason helps us through dissecting a fetal pig, learning oxidation-reduction reactions, studying lengthy and abstract articles, standing in lines to register, and working to establish our program and integrate ourselves into the "downtown" campus. The reason even helps us in our attempts to understand why the generic program has been discontinued.

Perhaps we realize the value in our decision and we comprehend the underlying reason on one particular day; the first clinical experience. It is our first chance to use the knowledge, to use ourselves, to use our personalities and to allow the underlying reason to surface. We know it *must* surface. Somewhere, in the midst of excitement from wearing a uniform, the thrill of assuming an identity, and skillfully administering care, we come to understand why we have chosen nursing, as a career and why we have chosen Columbia University to teach us.

Will the inspiration last? Our program mysteriously disappeared. Our space in Eli White is sitting precariously on the administrators' shoulders. Our billing system somehow did not bill correctly. Our ability to integrate ourselves is hampered by the knowledge that we are a separated entity; not really Barnard, not clearly Columbia. Our money spent on tokens for the subway uptown continuously rises. Our faculty is seen less than we desire and ergo, we unfortunately communicate less.

Though the inspiration falters, it will not disappear. Especially, for the sophomores, when we reminisce and marvel at our accomplishments.

No more restrictions on guests! No more ban on parties! We have students representing us in many clubs and organizations! We utilize all the facilities open to us! We have become involved with countless campus activities! We have grown close as a class! And, we have a section reserved for us in the yearbook!

In the two years spent down-town, as generics, our inspiration has lasted, grown stronger and hopefully will continue to flow.

Lorin P. Carlson

DOWNTOWN

Pupin Pegram

Seeley W Mudd

Eng

Marcellus Hartley Dodge Physical Fitness Center

lower level: University Hall & Gymnasium

Chandler

stairs to lower level

Computer Center

Uris

Service Building

Schermerhorn Ext

Schermerhorn

Havemeyer

Avery

Avery Ext. (under const.)

Fayerweather

Mathematics

Low Memorial Library

Earl

St Paul's Chapel

Philosophy

East Hall

Lewisohn

Alma Mater

Dodge

McMillin Theatre

Kent

College Walk

Journalism

Hamilton

Annex

Hartley

Furnald

Wollman Auditorium

Livingston

Ferris Booth

Butler Library

Carman

John Jay

Harkness Theatre

West 114th Street

540

520

Ruggles

Amsterdam Avenue

West 119th Street

Butler I

West 118th Street

International Affairs

Casa Italiana

401 West 117th Stre

Law

Johnson

West 116th Street

King's Crown

1127 Amsterdam Avenue

1125

West 115th Street

Woman's Hospital

Notre Dame Chu

Eli White

St Luke's Hosp

HOMER HERODOTUS SOPHOCLES PLATO ARISTOTLE DEMOSTHENES CICERO VERGIL

CLASS OF 1982

Lenda Alvarez
Lorin Carlson
Lillian Carter
Constance Colter
Sandra Florentino
Elizabeth Flynn
Joanne Fox
Renee Fried
Abigail Furey
Johannah Gordon
Susan Greenblatt
Lori Hattem
Alisa Herman
Lisa Hildenbrand
Ellen Hintz
Clare Ippolito
Meredith Jaffe
Nahyra Lanzo
Karen Magruder
Clodette Mardini
Patricia Noonan
Dana Pagella
Xiomara Perez
Sarina Petrolino
Ralph Pina
Linda Pinsky
Pamela Plotkin
Carol Quinn
Alisa Roker
Barbara Ross
Karen Schmitt
Vicki Torres
June Tsai
Evelyn Varlack
Anthea Vincent

CLASS OF 1983

Christina Alvarado
Lynne Austern
Michelle Bannon
Joy Becker
Allegra Benveniste
Susanne Braz
Maureen Casey
Esther Chipps
Katherine DiBella
Tracy Farah
Zulay Fernandez
Diane Gee
Maria Geiselhart
Cheryll Glaspy
Mary Sharon Goodwin
Barbara Gutierrez
Janet Harmon
Susan Hoffmann
Daisey Holmes
Ann Jenkins
Jeanette Jicha
Sharon Keim
Donna Lumsden
Maureen McGann
Robin McKeon
Mara Madzivadondo
Rebecca Merced
Mary Jane Nealon
Sheila O'Hanlon
Rebecca Price
Rise Rensi
Mara San Antonio
Carolyn Storck
Clare Sullivan
Robyn Verni

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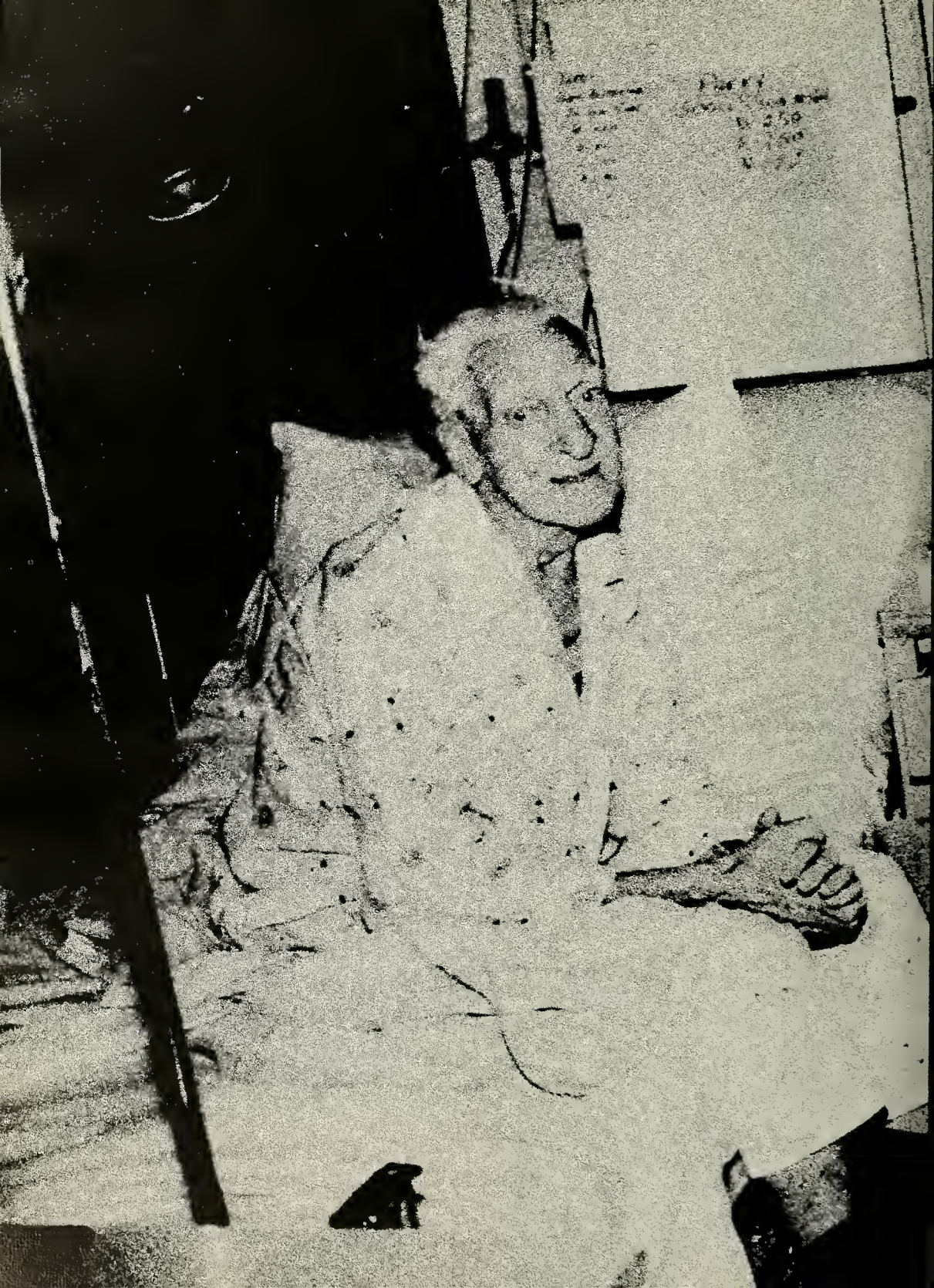
40

Cornell

INFORMATION
DESK



How to Deal With the Impossible Patient

The sheets are filthy. A pillow is thrown on the floor; slippers, underwear, socks are strewn randomly about and a "Good morning. How do you feel this morning?" is ignored by the patient. He does not want a bath. He hates the goddamn interns, who poked his stomach this morning and the nurses, who come and go. He wishes his damn food would arrive but, when it does, he does not eat a bite because it is too salty. Food only kills you anyway. Everything kills you. And what about the sugar he saved from his dinner tray last night? Someone stole it. Probably the guy in the next bed, or maybe those interns this morning. The doctor told him he fainted because of old age. Old age! Did you hear that! Old age! Hell, he has not been sick a day in his life. Young doctors do not know what they are talking about. Christ, he has got more money stashed away than any of them! He may faint but he is good in the sack. He is ready to get married and he wants to know what my sex life is like.

Nursing, as a profession poses difficult circumstances that may seem extremely hard to handle. In situations with the "impossible" patient, we cannot shrug away the situation, as a businessman may with a totally unresponsive client. Our profession requires us to remain calm and confident. Our own anger must be controlled and put aside and usually can surface only in the form of an understanding, tactful talk with the "problem" patient.

Unlike other occupations, nurses are dealing with ill people under tremendous emotional strain. The difficult patients' behavior is usually not indicative of his normal behavior, but is instead a cry for help, understanding and care. To want to argue or snap back, maybe a normal reaction, but as professionals, we must pause a moment, remember our training and think of the ulterior purpose behind our occupation.

We can reprimand only if the patient is incessantly troublesome or is threatening persons within the hospital and cannot be controlled. We can advise. We can reflect our thoughts. We can bring it to the patient's attention that he is a hindering element to the process of us giving him care. But, we cannot worry about the sting to our egos or the pain we experience when a patient is not appreciative and thankful.

Nurses must always, first, assess a situation objectively, before any action is planned and keep in mind that our primary purpose is to give care by helping and teaching. The "impossible" patient therefore does not exist; he is impossible because we have termed him so. But, in actuality, it is *possible* to give him care and to help him. We can discuss our feelings of frustration and try to discover reasons for his behavior and then implement care accordingly. In this way, the patient is not impossible to us and we are not impossible to him.

Lorin P. Carlson

faculty and administration

Administration

Helen F. Pettit
Associate Dean of Nursing

Elin B. Ozdemir
Director of Admissions

Rebecca Howell
Admissions
Counselor

Susan E. Alexion
Departmental Advisor

Mary R. Barone
Assistant Professor of Clinical Nursing

Rosemary Ash
Director of Student Affairs

Muriel Kneeshaw, Charmaine Fitzig, Smriti Panwar

JoAnne Merry

Community Health

Jeanne Brossart

Pamela HoSang

Left to Right — Susan Disbrow, Eura Lennon, Mary Kaene, Marilyn Jaffe, Ann Earle, Elsa Poslusny, Elizabeth Carter
Mary Ann Feldstein

Psychiatry

Mary Robertson

Medical-Surgical

Left to Right; Top Row — Aurora Villafeurte, Loretta Verdisco, Carol Lucas, Ann Kellet, Brenda Zinamon, Bottom Left — Mary Smith, Betty Mahoney, Phyllis Lisanti

Dr. Ellen Batt (Anatomy and Physiology)
Delorez Fernandez (Pathophysiology)

Left to Right; Top — Mimi Donvios, Marianne Marcus, Jean Flynn, Bottom — Helen Mellet, Astrid Namaroff

Virginia Gorosh and Marjorie Bredice

Maternal

Jeanette Coleman

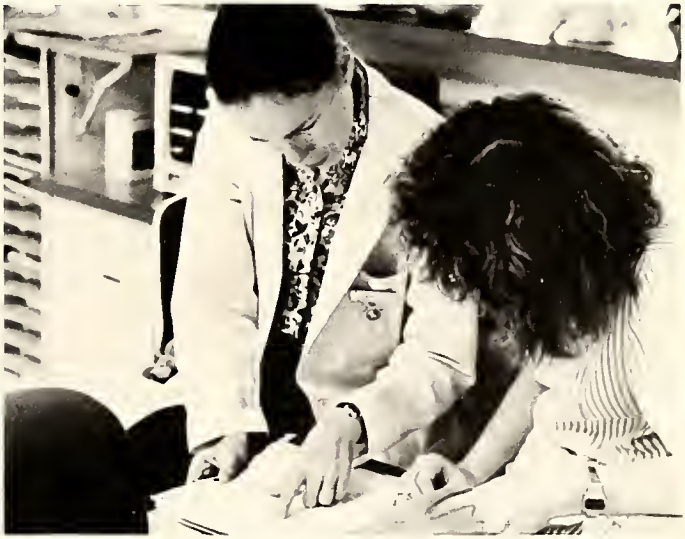
Eunice Messler

Nancy Jones

Lucy Teare

Child Health

Linda Russo



Carolyn Ruda

Media Coordinator; Jose Martinez with Maxwell Hall secretaries, Left to Right — Top Row — Lenore Greenberg, Mildred Restin, Eileen Leo, Bottom Row — Ethel Crawford, Charlotte Grant, Selma Blick, Gladys Ackermann, Anita Flynn

Left to Right — Heather Peskin, Lea Spiro, Carol Swetz, Rita McDonald, Beatrice Bennis

John C. Kennedy
Maxwell Hall Administration

Our Friends at Maxwell

J.B. Hicks

Frances Healy

Kathy Bigger

Lucy Bruce

Ella Jenkins

Shirley Doyle

student life

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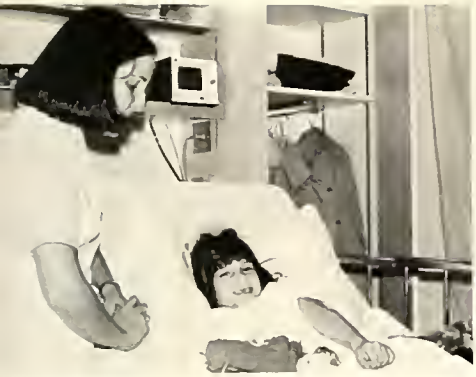

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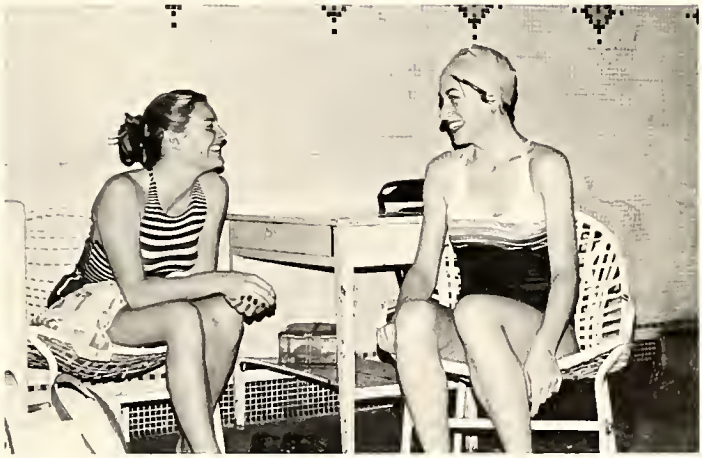

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Allen, Jeanne
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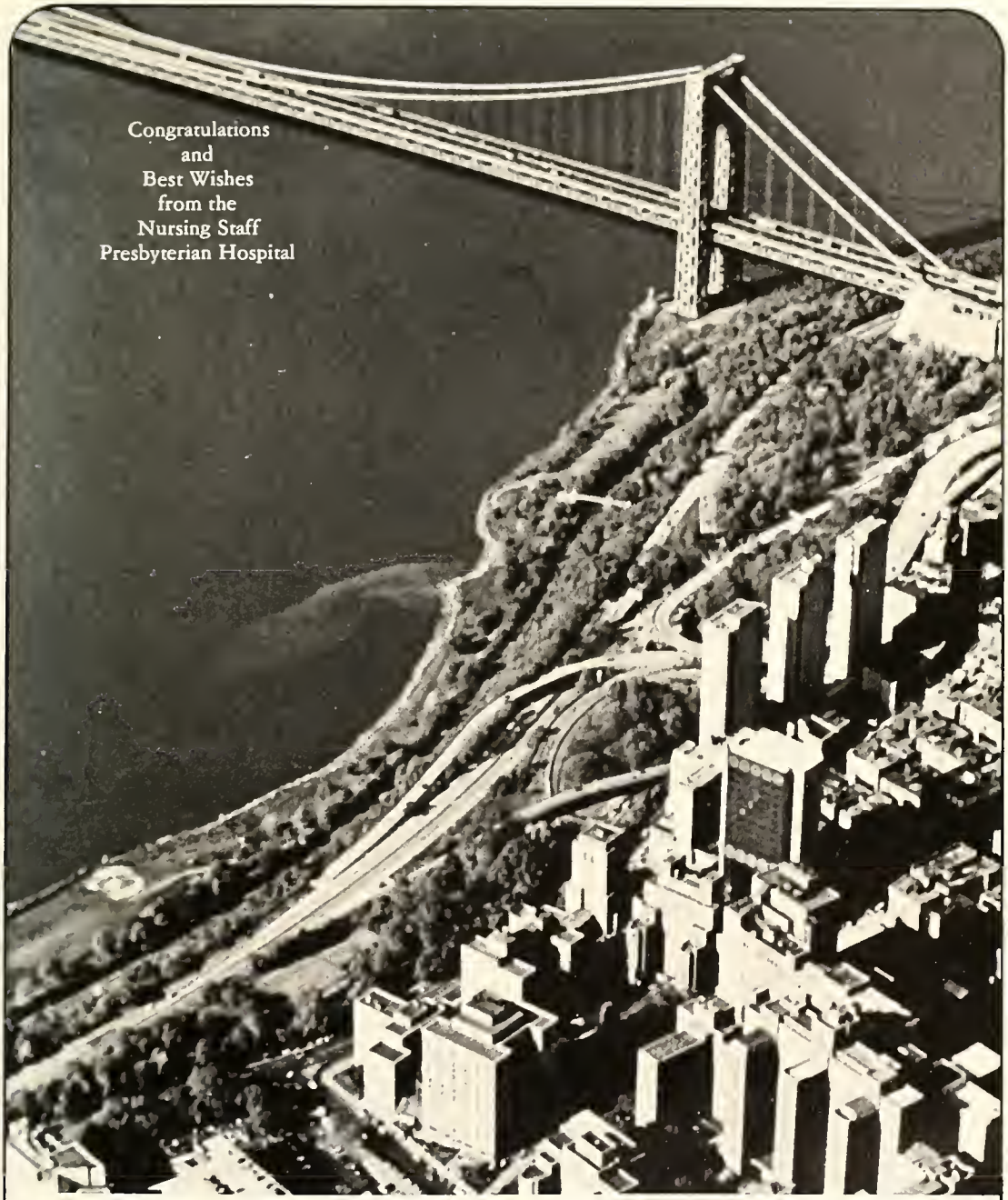

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